

| Recreational Class Schedule 2021 | | | | | |
|--|-------------------------------------|------------------------|---|------------------------|------------------------|
| PROGRAMS | MON | TUE | WED | THU | FRI |
| TST | 5:15-6:00 | 4:00-4:45 | 4:00-4:45 | 4:00-4:45 5:15-6:00 | 4:00-4:45 |
| SSF | 4:00-4:45 | 4:00-4:45 5:15-6:00 | 5:15-6:00 | 5:15-6:00 | 5:15-6:00 |
| TUMBLING 1 | | | 6:30-7:30 | | |
| TUMBLING 2 | | | | 5:15-6:15 | |
| TUMBLING 3 | | | | | 5:15-6:15 |
| LEVEL A | 4:00-5:00 5:15-6:15 6:30-7:30 | 5:15-6:15 6:30-7:30 | 4:00-5:00 6:30-7:30 | 4:00-5:00 | 4:00-5:00 5:15-6:15 |
| LEVEL B | 6:30-7:30 | 4:00-5:00 | 5:15-6:15 | 4:00-5:00 | |
| LEVEL C | 5:00-6:30 6:15-7:45 | | 5:15-6:45 | | |
| MINI MARLINS | | 5:15-6:15 | | 5:15-6:15 | |
| NinjaZone 3-4yr | 4:00-5:00 | | 3:00-4:00 4:00-5:00 | 3:00-4:00 4:00-5:00 | |
| NinjaZone A | 5:15-6:15 | 4:00-5:00 5:15-6:15 | 6:30-7:30 | 4:00-5:00 | 4:00-5:00 |
| NinjaZone B | 6:30-7:30 | 5:15-6:15 6:30-7:30 | 4:00-5:00 | 5:15-6:15 | 5:15-6:15 |
| NinjaZone C | 4:00-5:00 | | 5:15-6:15 | | |
| Registration Fees <i>Registration is good for one year from date paid. Family registration \$50.00</i> | | | <i>Sibling or 2nd class - 10% tuition discount</i> | | |



Recreational
Class Schedule
2021

Port City Gymnastics
6724 Amsterdam Way
Wilmington, NC 28405
www.portcitygymnastics.net

Call Today!
910-793-1921

Tumbling Sea Turtles 3-4YRS

& Sailing Sail Fish 5 YRS OLD

\$75.00/month

45 min class - perfect first group experience without Mom or Dad. Multitude of activities and challenging themes, listening and learning become FUN! Work on all 4 Olympic Events to develop age specific motor skills and a basic understanding of beginning gymnastics.

Tumbling

\$85.00/month

60 min progressive tumbling classes for ages 6 & up. Entry level 1 teaches tumbling basics; level 2 builds upon those basics; and level 3 learns more advanced skills.



Level A-Beginner

\$85.00/month

60 min class for beginning level gymnastics skills on all 4 events, establishes knowledge and increases fitness level.

Level B-Intermediate

(previous level A and/or evaluated)

\$85.00/month

60 min class builds on beginning skills learned in level A and trains for more difficult skills. Focus on conditioning, flexibility and learning new skills through progressions.

Level C-Advanced

(previous level B and/or evaluated)

\$95.00/month

90 min class continues to build on skills learned in levels A & B and trains advanced skills taught in a progressive manner to maximize each child's ability.

Private Personal Training Available

NinjaZone

3-4yrs old; Level A-Beginner;

Level B-Intermediate;

Level C-Advanced

\$85.00/month

NinjaZone is a 60 min popular, high energy sport! The NinjaZone curriculum is inspired by gymnastics, martial arts, & obstacle course training. NinjaZone embodies discipline, focused energy, and skill. It is challenging, fun and achievement rich.

Mini Marlins

(invitation only)

\$87.00/month

This 60 min class is by invitation only and is for our advanced preschool children. This class is designed to help children develop an understanding of form and technique at an early age to prepare them for advancing to pre-team and competitions.

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