

Recreational Class Schedule 2022					
PROGRAMS	MON	TUE	WED	THU	FRI
TST	4:30-5:15 5:15-6:00	4:00-4:45 4:30-5:15	4:00-4:45 4:30-5:15	4:00-4:45 5:15-6:00	4:00-4:45
SSF	4:00-4:45	4:00-4:45 4:30-5:15 5:15-6:00	5:15-6:00	5:15-6:00	5:15-6:00
TUMBLING 1			6:30-7:30		
TUMBLING 2				5:15-6:15	
TUMBLING 3		5:00-6:00			
LEVEL A	4:00-5:00 5:15-6:15 6:30-7:30	4:00-5:00 5:15-6:15 6:30-7:30	4:00-5:00 5:15-6:15 6:30-7:30	4:00-5:00 6:30-7:30	4:00-5:00 5:15-6:15
LEVEL B	6:30-7:30	4:00-5:00 6:30-7:30	4:00-5:00 5:15-6:15	4:00-5:00 6:30-7:30	
LEVEL C	5:00-6:30 6:15-7:45	6:00-7:30	5:00-6:30		
MINI MARLINS	5:00-6:00	5:15-6:15		5:15-6:15	
NinjaZone 3-4yr	4:00-5:00		3:00-4:00 4:00-5:00	3:00-4:00 4:00-5:00	
NinjaZone 5-6yr			4:00-5:00		
NinjaZone A	5:15-6:15 6:30-7:30	4:00-5:00 5:15-6:15 6:30-7:30	6:30-7:30	4:00-5:00 6:30-7:30	4:00-5:00
NinjaZone B	6:30-7:30	5:15-6:15	4:00-5:00	5:15-6:15	5:15-6:15
NinjaZone C	4:00-5:00		5:15-6:15		5:15-6:15
<b>Registration Fees</b> Registration is good for one year from date paid. Family registration \$50.00			Sibling or 2 <sup>nd</sup> class - 10% tuition discount		



Recreational  
Class Schedule  
2022

Port City Gymnastics  
6724 Amsterdam Way  
Wilmington, NC 28405  
[www.portcitygymnastics.net](http://www.portcitygymnastics.net)

Call Today!  
**910-793-1921**

### Tumbling Sea Turtles 3-4YRS

### & Sailing Sail Fish 5 YRS OLD

**\$80.00/month**

45 min class - perfect first group experience without Mom or Dad. Multitude of activities and challenging themes, listening and learning become FUN! Work on all 4 Olympic Events to develop age specific motor skills and a basic understanding of beginning gymnastics.

### Tumbling 1, 2 & 3

**\$90.00/month**

60 min progressive tumbling classes for ages 6 & up. Entry level 1 teaches tumbling basics; level 2 builds upon those basics; and level 3 learns more advanced skills.



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### Level A-Beginner

**\$90.00/month**

60 min class for beginning level gymnastics skills on all 4 events, establishes knowledge and increases fitness level.

### Level B-Intermediate

*(previous level A and/or evaluated)*

**\$90.00/month**

60 min class builds on beginning skills learned in level A and trains for more difficult skills. Focus on conditioning, flexibility and learning new skills through progressions.

### Level C-Advanced

*(previous level B and/or evaluated)*

**\$100.00/month**

90 min class continues to build on skills learned in levels A & B and trains advanced skills taught in a progressive manner to maximize each child's ability.

\*Private Personal Training  
for registered students is available\*

### NinjaZone

*3-4yrs old; 5-6yrs old;*

Level A-Beginner:

Level B-Intermediate;

Level C-Advanced

**\$90.00/month**

NinjaZone is a 60 min popular, high energy sport! The NinjaZone curriculum is inspired by gymnastics, martial arts, & obstacle course training. NinjaZone embodies discipline, focused energy, and skill. It is challenging, fun and achievement rich.

### Mini Marlins

*(invitation only)*

**\$92.00/month**

This 60 min class is by invitation only and is for our advanced preschool children. This class is designed to help children develop an understanding of form and technique at an early age to prepare them for advancing to pre-team and competitions.

### Dynamic Dolphins

*(invitation only)*

**\$100.00/month**

This 90 min class is by invitation only and is for our advanced school-age children. This class trains advanced skills and helps develop strength, flexibility and form.